

Smart Vitamins

A healthy start, every day

Premium health benefits

Unique all-in-one technology: essential vitamins for women floating in omega 3. Smart Vitamins contains all the essential vitamins you cannot get enough of from your diet.

With the duo-cap release technology we can guarantee maximum absorption at the level of your intestine.

Belgian notified food supplement with omega 3, iron, vitamin B12, E, D and K2, folic acid, co-enzym Q10 and biotine.

Contains 6 vitamins in optimal dosage and in a bioavailable form.

How to use

1 capsule a day with the first meal.

We recommend to take the Insentials® cure for a minimum period of 3-6 months.

Longterm intake is a recommendation by experts, in combination with exercise and healthy nutrition.

All formulas of Insentials can be combined at the same time.

We only use the best ingredients

Ingredients per daily dose (1 capsule): **Fish oil**, HPMC, iron bisglycinate, D-alpha tocopherol acetate, menaquinon, cholecalciferol, ubiquinone, calcium L-methylfolate, biotine, methylcobalamine.

		%RI*
Fish oil	420 mg	/
of which DHA	293 mg	/
Iron	14 mg	100%
Vitamin E	12 mg	100%
Co-enzym Q 10	10 mg	/
Folic acid	500 µg	250%
Vitamin K2	75 µg	100%
Biotine	50 µg	100%
Vitamin D	20 µg	400%
Vitamin B12	5 µg	200%

*% RI = % Reference Intake

Specifications

30 transparent capsules

Refill bag

Belgian notified food supplement



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NUT_AS 4493/9

Contact

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Quality is priceless



Recommended consumer price
29,40 €